

YOUR CHILD'S HEALTH HISTORY – NEWBORN TO 6 MONTHS

Dear Parents,

By filling out this questionnaire, a more complete record of your child is obtained, and it gives us a permanent history which we can refer to later. Answer all the questions you can, but don't worry about those you skip.

PATIENT'S NAME _____ TODAY'S DATE _____
Patient's Birthdate _____ Age _____ Male Female Birthplace _____

HEALTHCARE HISTORY

Previous primary care physician: _____ Date of last visit: _____
Dentist: _____ Date of last visit: _____
Complementary care provider (chiropractor, acupuncturist, etc): _____

PARENTS' MAIN HEALTH CONCERNS FOR THIS CHILD: _____

FAMILY HISTORY (Circle those who live with this child)

Mother's name _____ Stepfather's name _____
Age _____ Health? _____ Years in school _____ Age _____ Health? _____ Years in school _____
Occupation _____ Occupation _____

Father's name _____ Stepmother's name _____
Age _____ Health? _____ Years in school _____ Age _____ Health? _____ Years in school _____
Occupation _____ Occupation _____

List names, ages, sex and general health of child's brothers and sisters:

PREGNANCY, BIRTH AND NEWBORN HISTORY

- | | | |
|---|-------|-------|
| 1. Was this child born on time? | No | Yes |
| 2. Was this baby born <input type="checkbox"/> head first <input type="checkbox"/> legs first <input type="checkbox"/> C-section? | | |
| 3. Did the mother have an illness during her pregnancy? | Yes | No |
| 4. Did the mother drink alcohol or use drugs during her pregnancy? | Yes | No |
| 5. How old was the mother when the baby was born? | _____ | Years |
| 6. Did this baby have any trouble starting to breathe? | Yes | No |
| 7. Did this baby have any trouble while in the hospital? | Yes | No |
| 8. How long did this baby stay in the hospital? | _____ | days |
| 9. Did the mother have baby blues or depression after the child's birth? | Yes | No |
| 10. Do you have friends or family you can call on when you need help? | Yes | No |

DIET HISTORY

- | | | |
|---|-----|----|
| 1. Does your infant breast-feed? _____ | Yes | No |
| 2. Does your infant bottle-feed? _____ | Yes | No |
| 3. What formula do you use? _____ Problems? _____ | | |
| 4. Does your child have food allergies? _____ | Yes | No |
| 5. Does your child drink juice? Amount per day: _____ | Yes | No |
| 6. Does your child take any dietary supplements, herbs, or health store products?
Please list: _____ | Yes | No |

MEDICAL HISTORY

Check any of the following your baby has had:

	What age?	Please describe
<input type="checkbox"/> Emergency Room visit	_____	_____
<input type="checkbox"/> Broken bones	_____	_____
<input type="checkbox"/> Stitches	_____	_____
<input type="checkbox"/> Surgery	_____	_____
<input type="checkbox"/> Hospital overnight	_____	_____
<input type="checkbox"/> Specialist physician	_____	_____

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> vision problem | <input type="checkbox"/> fever seizure | <input type="checkbox"/> convulsions/seizures | <input type="checkbox"/> bladder infection |
| <input type="checkbox"/> hearing problem | <input type="checkbox"/> anemia | <input type="checkbox"/> abdominal pain | <input type="checkbox"/> chicken pox |
| <input type="checkbox"/> lung problem | <input type="checkbox"/> excessive bruising | <input type="checkbox"/> thyroid problem | <input type="checkbox"/> chronic ear infection |
| <input type="checkbox"/> heart problem | <input type="checkbox"/> blood transfusion | <input type="checkbox"/> pneumonia | <input type="checkbox"/> high blood pressure |
| <input type="checkbox"/> skin problem | <input type="checkbox"/> kidney problem | <input type="checkbox"/> asthma | <input type="checkbox"/> constipation |
| | | | <input type="checkbox"/> cancer |

Has your child had any allergic reactions to any medicines, injections, foods, animals, insects, or plants? Please list: _____

Does your child take medications? Please list: _____

ENVIRONMENTAL HISTORY

- | | | |
|---|-----|----|
| 1. Does your child live in a house built before 1960? | Yes | No |
| 2. Does your child drink water that has fluoride in it? | Yes | No |
| 3. Do you have guns in your house? | Yes | No |
| If yes, are they locked up? | Yes | No |
| 4. Is anyone who lives in the home a smoker? | Yes | No |
| 5. Does your child attend daycare? | Yes | No |
| 6. Has your child traveled outside of the USA? | Yes | No |
| 7. Has your child been exposed to a person with tuberculosis? | Yes | No |

FAMILY MEDICAL HISTORY

Do any close family members (mother, father, grandmother, grandfather, brothers, sisters, aunts, uncles, nieces, nephews) have any of the following? Please note who has the condition.

Who?	Who?	Who?
<input type="checkbox"/> deafness before age 20 _____	<input type="checkbox"/> high cholesterol _____	<input type="checkbox"/> bedwetting after age 10 _____
<input type="checkbox"/> frequent fainting _____	<input type="checkbox"/> allergies _____	<input type="checkbox"/> anemia _____
<input type="checkbox"/> convulsions/epilepsy _____	<input type="checkbox"/> thyroid problems _____	<input type="checkbox"/> asthma _____
<input type="checkbox"/> bleeding disorders _____	<input type="checkbox"/> alcoholism _____	<input type="checkbox"/> vision problem before age 12 _____
<input type="checkbox"/> anesthesia problems _____	<input type="checkbox"/> liver problems _____	<input type="checkbox"/> drug abuse _____
<input type="checkbox"/> heart attacks _____	<input type="checkbox"/> kidney disease _____	<input type="checkbox"/> mental illness _____
<input type="checkbox"/> cancer _____	<input type="checkbox"/> tuberculosis _____	<input type="checkbox"/> diabetes _____
<input type="checkbox"/> mental retardation _____	<input type="checkbox"/> high blood pressure _____	<input type="checkbox"/> immune problems, HIV/AIDS _____