

## YOUR CHILD'S HEALTH HISTORY – NEWBORN TO 6 MONTHS

Dear Parents,

By filling out this questionnaire, a more complete record of your child is obtained, and it gives us a permanent history which we can refer to later. Answer all the questions you can, but don't worry about those you skip.

PATIENT'S NAME \_\_\_\_\_ TODAY'S DATE \_\_\_\_\_  
Patient's Birthdate \_\_\_\_\_ Age \_\_\_\_\_  Male  Female Birthplace \_\_\_\_\_

### HEALTHCARE HISTORY

Previous primary care physician: \_\_\_\_\_ Date of last visit: \_\_\_\_\_  
Dentist: \_\_\_\_\_ Date of last visit: \_\_\_\_\_  
Complementary care provider (chiropractor, acupuncturist, etc): \_\_\_\_\_

PARENTS' MAIN HEALTH CONCERNS FOR THIS CHILD: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### FAMILY HISTORY (Circle those who live with this child)

Parent 1 \_\_\_\_\_ Parent 2 \_\_\_\_\_  
Relationship \_\_\_\_\_ Age \_\_\_\_\_ Years in school \_\_\_\_\_ Relationship \_\_\_\_\_ Age \_\_\_\_\_ Years in school \_\_\_\_\_  
Occupation \_\_\_\_\_ Occupation \_\_\_\_\_

Parent 3 \_\_\_\_\_ Parent 4 \_\_\_\_\_  
Relationship \_\_\_\_\_ Age \_\_\_\_\_ Years in school \_\_\_\_\_ Relationship \_\_\_\_\_ Age \_\_\_\_\_ Years in school \_\_\_\_\_  
Occupation \_\_\_\_\_ Occupation \_\_\_\_\_

List names, ages, sex and general health of child's brothers and sisters:

\_\_\_\_\_  
\_\_\_\_\_

### PREGNANCY, BIRTH AND NEWBORN HISTORY

- |   |       |       |
|---|-------|-------|
| 1. Was this child born on time?   | No    | Yes   |
| 2. Was this baby born <input type="checkbox"/> head first <input type="checkbox"/> legs first <input type="checkbox"/> C-section? |       |       |
| 3. Did the mother have an illness during her pregnancy?   | Yes   | No    |
| 4. Did the mother drink alcohol or use drugs during her pregnancy?  | Yes   | No    |
| 5. How old was the mother when the baby was born?   | _____ | Years |
| 6. Did this baby have any trouble starting to breathe?  | Yes   | No    |
| 7. Did this baby have any trouble while in the hospital?  | Yes   | No    |
| 8. How long did this baby stay in the hospital?   | _____ | days  |
| 9. Did the mother have baby blues or depression after the child's birth?  | Yes   | No    |
| 10. Do you have friends or family you can call on when you need help?   | Yes   | No    |

### DIET HISTORY

- |   |     |    |
|---|-----|----|
| 1. Does your infant breast-feed? _____  | Yes | No |
| 2. Does your infant bottle-feed? _____  | Yes | No |
| 3. What formula do you use? _____ Problems? _____   |     |    |
| 4. Does your child have food allergies? _____   | Yes | No |
| 5. Does your child drink juice? Amount per day: _____   | Yes | No |
| 6. Does your child take any dietary supplements, herbs, or health store products?<br>Please list: _____ | Yes | No |

**MEDICAL HISTORY**

Check any of the following your baby has had:

	What age?	Please describe
<input type="checkbox"/> Emergency Room visit	_____	_____
<input type="checkbox"/> Broken bones	_____	_____
<input type="checkbox"/> Stitches	_____	_____
<input type="checkbox"/> Surgery	_____	_____
<input type="checkbox"/> Hospital overnight	_____	_____
<input type="checkbox"/> Specialist physician	_____	_____

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> vision problem  | <input type="checkbox"/> fever seizure      | <input type="checkbox"/> convulsions/seizures | <input type="checkbox"/> bladder infection     |
| <input type="checkbox"/> hearing problem | <input type="checkbox"/> anemia             | <input type="checkbox"/> abdominal pain       | <input type="checkbox"/> chicken pox           |
| <input type="checkbox"/> lung problem    | <input type="checkbox"/> excessive bruising | <input type="checkbox"/> thyroid problem      | <input type="checkbox"/> chronic ear infection |
| <input type="checkbox"/> heart problem   | <input type="checkbox"/> blood transfusion  | <input type="checkbox"/> pneumonia            | <input type="checkbox"/> high blood pressure   |
| <input type="checkbox"/> skin problem    | <input type="checkbox"/> kidney problem     | <input type="checkbox"/> asthma               | <input type="checkbox"/> constipation          |
|  |   |   | <input type="checkbox"/> cancer                |

Has your child had any allergic reactions to any medicines, injections, foods, animals, insects, or plants? Please list: \_\_\_\_\_

Does your child take medications? Please list: \_\_\_\_\_

**ENVIRONMENTAL HISTORY**

- |   |     |    |
|---|-----|----|
| 1. Does your child live in a house built before 1960?         | Yes | No |
| 2. Does your child drink water that has fluoride in it?       | Yes | No |
| 3. Do you have guns in your house?                            | Yes | No |
| If yes, are they locked up?                                   | Yes | No |
| 4. Is anyone who lives in the home a smoker?                  | Yes | No |
| 5. Does your child attend daycare?                            | Yes | No |
| 6. Has your child traveled outside of the USA?                | Yes | No |
| 7. Has your child been exposed to a person with tuberculosis? | Yes | No |

**FAMILY MEDICAL HISTORY**

Do any close family members (biological mother, father, grandmother, grandfather, brothers, sisters, aunts, uncles, nieces, nephews) have any of the following? Please note who has the condition.

	Who?		Who?		Who?
<input type="checkbox"/> deafness before age 20	_____	<input type="checkbox"/> high cholesterol	_____	<input type="checkbox"/> bedwetting after age 10	_____
<input type="checkbox"/> frequent fainting	_____	<input type="checkbox"/> allergies	_____	<input type="checkbox"/> anemia	_____
<input type="checkbox"/> convulsions/epilepsy	_____	<input type="checkbox"/> thyroid problems	_____	<input type="checkbox"/> asthma	_____
<input type="checkbox"/> bleeding disorders	_____	<input type="checkbox"/> alcoholism	_____	<input type="checkbox"/> vision problem before age 12	_____
<input type="checkbox"/> anesthesia problems	_____	<input type="checkbox"/> liver problems	_____	<input type="checkbox"/> drug abuse	_____
<input type="checkbox"/> heart attacks	_____	<input type="checkbox"/> kidney disease	_____	<input type="checkbox"/> mental illness	_____
<input type="checkbox"/> cancer	_____	<input type="checkbox"/> tuberculosis	_____	<input type="checkbox"/> diabetes	_____
<input type="checkbox"/> mental retardation	_____	<input type="checkbox"/> high blood pressure	_____	<input type="checkbox"/> immune problems, HIV/AIDS	_____